



The Complete Homeopathy Handbook

Safe and Effective Ways to Treat Fevers, Coughs, Colds and Sore Throats, Childhood Ailments, Food Poisoning, Flu, and a Wide Range of Everyday Complaints

Homeopathy is an approach to medicine based on the principle that any substance that can cause illness can also be a cure. Centuries old, its practice has always enjoyed wide popularity among individuals looking for safe and effective ways to treat illness as well as to improve their health. The Complete Homeopathy Handbook is the definitive guide for using homeopathic remedies at home. It includes A-to-Z listings for external and internal remedies, with explanations for correctly diagnosing the symptoms of any particular injury or illness. The book also includes ten case studies and specific dos and don'ts to follow when treating more than seventy conditions. (9780312063207)

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