



## This Is How

**Proven Aid in Overcoming Shyness, Molestation, Fatness, Spinsterhood, Grief, Disease, Lushery, Decrepitude & More. For Young and Old Alike.**

Draws on the author's roller-coaster experiences with limited opportunities, successes and failures while offering darkly whimsical, no-holds-barred advice on surviving everything from riding elevators and gaining weight to finishing drinks and finding love. By the author of *Running With Scissors*. 350,000 first printing. (9780312563554)

Language: en

Pages(s): 256

Publisher(s): [Macmillan](http://www.macmillan.com)

[Augusten Burroughs](http://www.augustenburroughs.com)

*published: 2012-05-08*

*pages: 256*

*language: en*

